Final Checklist

Your Documents

- □ Have you written a will? Is it up to date?
- □ Have you nominated your power of attorney?
- Where are your important documents? Who has access to them? Have you recorded your passwords for all your online accounts and social media profiles?
- Who will be your enduring guardian? This is the person who can speak up for you about medical interventions if you can't.
- □ If you have children who will be their legal guardian?
- Have you told your loved ones what medical interventions you want and do not want and under what circumstances?
- □ Have you written your advance care directive?
- □ Have you written an Emotional Will?

Your Send-Off

- □ What type of funeral do you want?
- Do you want to be buried, cremated or something else entirely?
- Where do you want to be buried or have your ashes scattered or your tree planted?
- □ What do you want written on your headstone/plaque memorial?
- □ Who do you want to perform the eulogy?
- Do you want to write your own obituary?
- Do you want to donate to a charity in lieu of flowers or in lieu of anything else? Or do you want to do both?
- Have you looked into "Do It Yourself" funerals?

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Your Loved Ones

- □ Have you discussed your end of life plans with family and friends?
- Would you prefer to die at home?
- Is there something comforting that you might want in the room with you as you are dying?
- What would you like to be said to you in your final days/moments? (Many people want to be told that their affairs are in order and their dependants will be taken care of)
- What do you hope for the people who are around you while you're dying?
- Who will receive special family items such as photos and treasured heirlooms?
- Who will take pets and animals under your care?

| | Everything Else |
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Dying To Know 8th August www.dyingtoknowday.org

Let's change the conversation on Dying to Know Day, August 8th. Host an event, have a conversation with your family, community or workplace. Go to dyingtoknowday.org for more information.